

Alloderm Gingival Tissue Graft

- For the first 24 hours following surgery, ice packs should be placed on the surgical site for 15 minutes on and 15 minutes off while you are awake.
- Keep the area clean by dabbing the surgical site with Perioguard, using a Q-tip twice a day, morning and evening, for the first 4 weeks following surgery. DO NOT rinse or drink for 30 after the placement of the Perioguard. DO NOT brush the surgical site for the first 7 days following surgery. DO brush and floss the remaining teeth, it is very important to keep the mouth extremely clean by practicing good oral hygiene.
- Avoid alcoholic beverages for the first 24 hours or while taking prescriptions pain medication. Reduce smoking as much as possible for the first 24 hours. Eat very soft foods or liquids for the first 2 days (liquid food supplement, juices, malts, soups, pasta, etc.) and then soft food for the next 5 days using care when eating to avoid the surgical site and chew on the opposite side. Eat a balanced diet and maintain adequate fluid daily.
- Avoid contact sports and strenuous exercise for the first 7 days. DO NOT pull the lip away from the surgical site to examine it. Avoid any activity that might cause trauma to the surgical site. DO NOT disturb the surgical site for the first 7 days.
- Please take the medication, if prescribed, as directed.

One or about the 7th day, the Alloderm will appear thick and white in color. This is normal appearance and the graft will become progressively pinker until it matches the surrounding tissue. Please call our office if you have any concerns or questions. Our number is, 817-275-4817.