Bone Grafting

Bone grafting is performed to reverse the bone loss/destruction caused by periodontal disease, trauma, or ill fitting removable dentures. Bone Grafting is also used to fill a bony defect in your jaw.

- DO NOT rinse very hard or spit out for 3 to 5 days. Gentle rinsing is encouraged after the first 24 hours.
- DO NOT put pressure with your tongue or fingers to the grafted area.
- DO NOT lift or pull on the lip to look at the sutures.
- DO NOT smoke or use smokeless tobacco. Smoking greatly inhibits healing, especially in the graft site.
- DO NOT drink liquids through a straw.

If given antibiotics, take as directed and until all are taken.

In most cases, a protective cloth is placed over the bone graft to protect the surgical site. Plaque control in this area plays a critical role in the success or failure of the treatment. You will be given Peridex mouth rinse, use as follows:

• Twice daily after the brushing and losing all of the other teeth, gently swab the surgical area with a Q-tip dipped in the Peridex mouth rinse.

Call our office if you have any questions or concerns, 817-275-4817.